



# CARANUA

support for survivors of institutional abuse



## An easy-to-read guide to applying for support





**CARANUA**

support for survivors of institutional abuse

## **What is Caranua?**

Caranua was set up by the Irish State.

Caranua is independent.

Caranua was set up to help people who were paid a financial award from the Redress Board or got a settlement or a court award.



The Redress Board was set up to make awards to people who, as children, were abused while resident in institutions

People were paid this financial award because as children they experienced abuse in institutions in Ireland.



There is a full list of institutions covered on our website

**[www.caranua.ie/useful\\_resources/institutions\\_covered](http://www.caranua.ie/useful_resources/institutions_covered)**



## What can Caranua do?

Caranua can support people to get the services from the State that they have a right to.

Caranua can also pay for other services such as



## Health and wellbeing

Such as hearing aids or glasses or social activities.



## Housing Support

Such as home improvements or repairs.



## Learning & Education

Such as further education or skills training.

## Can I apply to Caranua?

If you want to apply, these are the rules



1. You must have been a resident in an institution when you were child.
2. You must have also been paid a financial award because you were abused in the institution.



You must have been given this money by

- the Redress Board  
*or*
- got a settlement  
*or*
- a court award.

## How do I apply?

You will need to fill in a form called a **Part 1 Application Form**.

You can get the form by:

- Contacting us by phone, post or email - the ways to contact us are on page 8.
- Asking at your local Citizens Information Service, G.P.s office or disability service.

A hand holding a black pen is filling out a form. The form has fields for Name, Address, and Phone Number. The text 'R. Smith', '224 West St', and 'Manchester' is visible.

Name	<i>R. Smith</i>
Address	<i>224 West St</i>
	<i>Manchester</i>
Phone Number	

Caranua need to get important information from you like;

- Your name,
- Your address
- Your date of birth
- Your phone number or your email so we can contact you.

There is also a form at the end of this booklet.



## What if I need support to apply?

Caranua can help you to apply if you like.

You can also get somebody that you trust to help you apply.

Caranua will never talk to someone else about you unless you write to us to say it is ok.

Caranua can give you more information on this if you contact us.

A vertical calendar form with a blue header bar. The days of the week are listed on the left: Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, and Sunday. Each day has a corresponding horizontal line for writing notes.

## What happens after I send in my form?

Caranua will get in touch within 2 weeks to tell you if you can take part.

Caranua will sometimes need to get in touch to get more information from you.

A vertical calendar form with a blue header bar. The days of the week are listed on the left: Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, and Sunday. Each day has a corresponding horizontal line for writing notes.

## APPLICATION FORM PART 1:

Please fill in the following form. Caranua will not share your information with anyone

<b>Name</b>	
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<b>Date of Birth</b> <i>date/month/year</i>			
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<b>What award did you get? (please tick)</b>	<b>Redress</b>	<b>Court</b>	<b>Settlement</b>

<b>Current Address</b>	
<b>House name / number</b>	
<b>Road / Street Name</b>	
<b>City / Postcode</b>	
<b>Country</b>	

<b>How would you like us to get in touch?</b>	
<b>Post</b>	
<b>Email</b>	
<b>Telephone</b>	
<b>Is it ok to leave a voice mail?</b>	<b>Yes</b> <b>No</b>

<b>What service will you be applying for? Tick all that apply</b>	
<b>Health &amp; Wellbeing</b>	
<b>Housing Support</b>	
<b>Learning &amp; Education</b>	

***If you have a copy of your court order or settlement order, please send us a copy.***

## **Contact Caranua**

You can get in touch in the following ways:



**Phone:** Freephone 1800 212477



**By email:** [apply@caranua.ie](mailto:apply@caranua.ie)



**By post:** PO Box 12477 Dublin 1

This Easy to Read guide was produced by Inclusion Ireland and was proof read by persons with intellectual disabilities.

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